

## Student Wellness Policy Assessment


Site: Woodmont Charter Sponsor: Florida Charter Educational Association

<b>Section 1</b> <b>Nutrition Education and Promotion</b>	Fully in Place	Partially in Place	Under Development	Not in Place
Health education taught in all grades		X		
Sequential health education curriculum consistent with standards		X		
Essential topics on physical activity	X			
Essential topics on healthy eating		X		

<b>Section 2</b> <b>School-based Activities Designed to Promote Student Wellness</b>	Fully in Place	Partially in Place	Under Development	Not in Place
Provide adequate time for students to eat breakfast (at least 10 minutes)	X			
Provide adequate time for students to eat lunch (at least 20 minutes)	X			
Access to free drinking water	X			
Access to hand washing before meals and snacks	X			

<b>Section 3</b> <b>Physical Activity</b>	Fully in Place	Partially in Place	Under Development	Not in Place
Recess	X			
Adequate physical activity facilities	X			
Adequate time for physical activity	X			
Prohibit using physical activity as punishment	X			

<b>Section 4</b> <b>Nutrition Guidelines for Foods Sold During the School Day</b>	Fully in Place	Partially in Place	Under Development	Not in Place
All foods offered or sold during the school day meet strong nutritional standards	X			
All beverages offered or sold during the school day meet strong nutritional standards	X			
Fundraising efforts during school hours meet strong nutritional standards	X			
Prohibit using food as punishment	X			

<p><u>Latasha Scorry</u> Name</p>	<p> Signature</p>	<p><u>11/28/14</u> Date</p>
---------------------------------------	---	---------------------------------